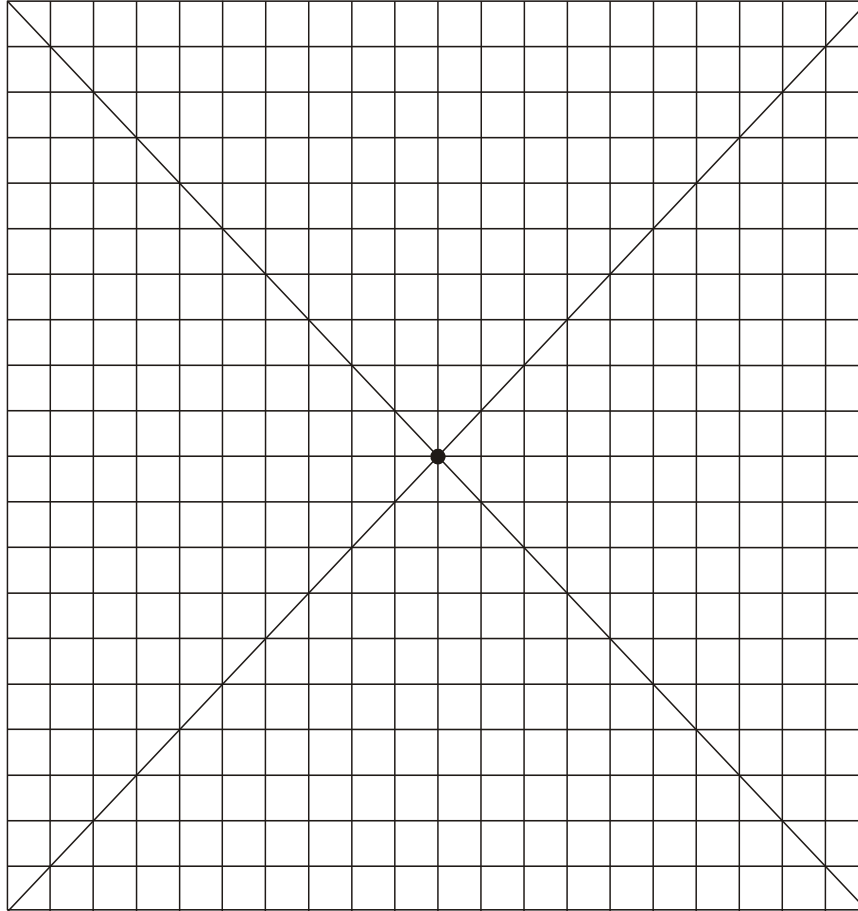


AMSLER GRID



1. This test can detect early changes in retinal tissue due to fluid leakage, blood vessel growth, or traction. These changes may be treatable.
2. Do this test with reading glasses or through the bifocal segment.
3. Hold the grid (checkerboard pattern) 12 inches from the eyes.
4. Cover the left eye while looking at the center dot with the right eye.
5. Answer the following questions:
 - a. Did the squares around the dot change shapes or disappear when you covered one eye?
 - b. Do you see all four corners and sides of the big square?
 - c. Do you see all the little squares within the big square?
 - d. Are there any holes, spots, or blurry areas?
 - e. Do all the lines appear straight and parallel?
 - f. Are any of the lines wavy, shiny, vibrating, or a different color?
 - g. Do any of the squares look smaller or shrunken (as if you looked through the wrong end of a telescope)?
 - h. Mark the defect on the chart.
6. Repeat step 5, now covering your right eye and looking with your left eye
7. If you notice any changes, call your doctor